



APRIL 2018



Monday	Tuesday	Wednesday	Thursday	Friday
2 Omelet With Cheese Blueberry Muffin Roasted Potato Cubes Stewed Tomatoes Mandarins And Pineapple Milk	3 Chicken Enchilada With Red Sauce & Chicken Mixed Vegetables Homemade Cole Slaw Fruit Cocktail Milk	4 Meat And Cheese Lasagna (Pasta) Italian Blend Vegetables Cooked Seasoned Spinach Strawberries Milk	5 Beefy Patty, Gravy Slice Of Bread Baked Potato Broccoli Apricot Milk	6 Chicken Ranch Salad With Romaine/Crackers Homemade Carrot Salad Pickled Beets Orange Milk
9 Cheese Ravioli With White Sauce And Chicken CA Blend Vegetables Green Beans Peaches Milk	10 Chili Beans With Meat Crackers Brussel Sprouts Homemade Carrot Salad Banana Milk	11 Sweet & Sour Meatballs Brown Rice Cauliflower Bean Salad Sliced Peaches Milk	12 Penne With Broccoli & Turkey (Pasta) Parslied Carrots Romaine Salad Strawberries Milk	13 Tuna Salad Slice Of Wheat Bread Corn Salad Homemade Cole Slaw Applesauce Milk
16 Garbanzo Beef Casserole (Rice) Winter Blend Vegetables Summer Squash Fruit Cocktail Milk	17 Whole Wheat Spaghetti With Meat And Marinara Sauce Cauliflower Romaine Salad Mandarins And Pineapple Milk	18 Cheese Enchilada With White Sauce & Chicken Succotash Broccoli Apricot Slices, Birthday Muffin Milk	19 Chicken Sandwich With Fixins Whole Wheat Bun Peas & Carrots Homemade Coleslaw Orange Milk	20 Black Eyed Pea Salad Hard Boiled Egg, Crackers Pickled Beets Homemade Carrot Salad Strawberries Milk
23 Breaded Haddock Brown Rice Zucchini Cole Slaw Sliced Peaches Milk	24 Ravioli With Meat And Marinara Sauce Cooked Seasoned Spinach Romaine Salad Banana Milk	25 Swedish Meatballs Noodles Green Beans Homemade Carrot Salad Strawberries Milk	26 Oven Baked Chicken Leg Stuffing Mixed Vegetables Corn Salad Orange Milk	27 Honey Mustard Chicken Salad Crackers Pea Salad 3 Bean Salad Mandarins And Pineapple Milk
30 Pork Rib Patty Barley Pilaf Lima Beans Homemade Cole Slaw Sliced Pears Milk	1 Chicken Alfredo (Pasta) Brussel Sprouts Romaine Salad Baked Apple Slices Milk	2 Cheese Enchilada With Red Sauce & Chicken Pinto Beans CA Blend Vegetables Pineapple Tidbits Milk	3 Turkey Stroganoff (Pasta) Broccoli Pickled Beets Apricot Crisp Milk	4 Beef & Been Taco Salad Tostada Corn Salad Homemade Carrot Salad Strawberries Milk

NOTE: U.S. Dietary Guidelines recommend that we consume fewer than 2300 mg of sodium a day. Meals on this menu marked with ♪ contain over 1000 mg of sodium. We are still researching the sodium content of our recipes and attempting to reduce the sodium content of the meals. Try to balance your sodium intake throughout the rest of the day.